



...they are an ever-present link with the natural world that lies beyond our brick walls.

David Attenborough, *The Life of Birds*

TYSONS WOODS TYLINE

P.O. BOX 267 DUNN LORING VIRGINIA 22027
Spring 2004

News and Information for Tysons Woods

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EDITOR'S CORNER

It's springtime at last and we are glad to see the tender greens and charming flowers. Springtime also brings our Spring Fling in the park (see announcement) at which we will have Community Association Elections. Please come out and join your neighbors for this event.

I am also delighted to announce that the Tyson's Woods Community Directories are out (see below).

Enjoy the pleasant weather!

Tyson's Woods Directory

We are distributing the 2004 directory with this TyLine to all who have paid their dues in 2003. If you did not pay your 2003 dues but want a Telephone Directory, you have two ways to receive one.

1. Pay your 2004 dues (before May 15) using the enclosed envelope and you will receive a Directory. (See Membership article on page 2)
2. If you decided not to join the Community Association, you may purchase a Telephone Directory for \$5.00. Make checks payable to "TWCA" or enclose cash in the envelope provided.

Extra directories are also available for \$5.00 each.

NOTE: You may at anytime throughout the year send changes for the directory to Randy Foltz. You may email them to Randy@Pronetglobal.com or fax them to (703) 573-4548.

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Tyson's Woods Civic Association ELECTIONS

Elections will be held at the Spring Fling on 5 June (6 June rain date) in the park. Please come out and encourage your neighbors to participate.

All positions are open, including:

President
Vice President
Secretary
Treasurer
Area Board Members
At-large Board Members

You can self-nominate, or provide a recommendation or nomination. Please email nominations to Dave Stauth:

Down the Block

Trash removal rates sinking?

We have a report that AAA trash removal has recently lowered their rates. They are required to notify of rate increases, but apparently NOT decreases! Check to see that you are not paying more than you need to.

Falcone property along Electric and Woodford:

Developer wants to re-locate the stream rather than pipe it. County not receptive at the moment, but the fight looms large. Renata Wade (Area 4) is up to date on the latest.

Watersheds in Trouble:

Fairfax stream assessment found that 70% of County streams are degraded. County is preparing plans to clean up each of the County's 30 watersheds to meet Clean Water Act and Chesapeake Bay Act requirements. For more information: www.fairfaxcounty-watersheds.net

Tyson's Woods Civic Association MEMBERSHIP

Although your participation in our civic association is voluntary, it is very important and vital to our community and association. The TWCA sponsors a variety of events every year to help draw our neighborhood together. Your **\$20 dues** help fund this newsletter, the Community Directory, the Spring Fling, the Neighborhood Yard Sale, the International Block Party, the Halloween Parade and Party, and occasional large-item trash pickups.

In addition, TWCA pays dues to Providence District Council (\$10/y) and donates to the Marshall High School Prom Party and the Dunn Loring Fire Department. TWCA organizes and coordinates citizen input to local development efforts, traffic calming measures, park planning, and other local issues.

We would appreciate your dues **by 15 May 2004**. Please use the enclosed envelope or return directly to the Treasurer, Dave Knapp, at 2328 Malraux Drive.

Thanks!

Beyond the couch potato...

Brisk walking (two miles in 30 minutes) every day boosts your activity level from "sedentary" to "low active." That means you burn roughly 200 extra calories a day. To get into the "active" category, the average person needs to walk briskly for 1 ¾ hours every day. But don't give up if you're doing an hour a day. That's good for successful, long-term weight-loss.

Nutrition Action Healthletter, Sept 2003

Community Yard Sale

Roust those dust bunnies from their long winter's nap. Time to clean out the garage, the closets, the little piles stashed here and there around your house. It's time for our annual Community Yard Sale!

Remember – last year's yard sale was rained out (over and over and over) so you probably have TWICE as much stuff for this year! Whoever did the rain dance last year, please try swing or ballroom or tap this year.

Saturday 17 April 2004
8 a.m. – noon

Rain date (no no no no!!!!) 18 April

We will advertise locally and put up signs. Expect the yard salers to start buzzing around pretty early in the morning. Get the junk out of your house and into someone else's house!



Participate here:

Area Plans Review (APR) is your chance to help guide land use decisions in Fairfax County.

Anyone may submit a nomination for consideration as an amendment to the Area Plans (part of the County Comprehensive Plan).

You can also review nominations, attend Task Force meetings, review planning/zoning staff reports, and participate in public hearings before the Planning Commission and the Board of Supervisors. Renata Wade will be the representative for Tysons Woods on the task force. If you would like to be an alternate, please contact Renata Wade.

Nomination submission period: April 12 – May 21

The Citizen's Guide to the APR process is available at www.fairfaxcounty.gov/dpz. You can also sign up for the Comprehensive Plan Announcements service at www.fairfaxcounty.gov/email/lists/.

For further information about the process, or to discuss particular issues, contact the Planner of the Day at the Dept. of Planning and Zoning: 703-324-1380.

SPRING FLING!

Come one and all to our annual Spring Fling in the Park. Greet your neighbors and local representatives. Watch the children run and holler all they want. Adults can run and holler too, or just chat quietly about common interests. Hot dogs, hamburgers, soda pop and smiles provided; bring a side dish, dessert or some good news. Linda Smyth, our county supervisor has been invited.

Saturday 5 June
Noon – 2:30

Rain date: Sunday, 5 June

This year, special events! The community elections and inaugurations all at one time! A raffle! Door Prizes!! Face Painting for the young and old and everyone in between! A 3-legged race pairing our swiftest grown-ups with the truly awesome power of: Children and Adolescents! Not to miss: Egg on spoon relays. Music! Games! Crafts! Be there aloha.

We will give you a head's up a little in advance, but put it on your calendar NOW!

House Beautiful

As of February 2004

Housing information provided
courtesy of Caroline Boubin (703) 569-3331.



2208 Chestertown Drive; colonial, 4 bdrm, 3.5 ba, carport, 2 fireplaces, gas heat, updated windows and doors, new deck, driveway replaced, listed in September 2003 for \$499,950. Sold October 2003 for \$500,000.

2225 Craigo Court; split foyer, 5 bdrm, 2.5 ba, 1-car garage, gas heat, listed in November 2003 for \$409,000. Sold Jan 2004 for \$400,000.

8512 Idylwood Road; rambler, 5 bdrm, 3 ba, 2-car garage, 1 fireplace, gas heat, updated kitchen, listed in November 2003 for \$450,000. Sold December 2003 for \$437,000.

8705 Litwalton Court; colonial, 6 bdrm, 3.5 ba, 1-car garage, 2 fireplaces, gas heat, finished walkout basement, updated kitchen, Anderson windows & doors, new siding, listed in September 2003 for \$529,000. Sold October 2003 for \$540,000.

2226 Malraux Drive; contemporary, 5 bdrm, 3 ba, 2-car garage, 1 fireplace, gas heat, new: baths, kitchen, corian counter tops, cherrywood cabinets, windows, roof, vinyl siding, & carpet, listed in August 2003 for \$450,000. Sold October 2003 for \$451,000.

2313 Malraux Drive; split level, 5 bdrm, 3.5 ba, 1-car garage, 1 fireplace, gas heat, new: garage, carpet, HVAC & roof, listed in August 2003 for \$459,900. Sold November 2003 for \$435,000.

**Don't make a long story
short just so you can tell
another one.**

Texas Bix Bender
'Don't Squat with yer Spurs On! II'



The Malraux Chronicles

by Penny Firth

Hundred-mile Gaze

In the "what was *I thinking?*" category, I feel compelled to report that I rode a century last September. I know. I should have reported this in the Fall TyLine, but I was still in the 12-step recovery program. Now that I am fully recovered (shrill giggle) I will ~~here you~~ tell you about it!

But before I tell you about it, I will tell you *why* I had the outlandish idea that I could ride my bicycle 100 miles in a day. I had told a group of friends, over beer, that I thought I *could* do it. *Could* became *would* in a lighthearted, irrational, jocular, illogical moment.

Ha! Fool! Rolling out before dawn on fine summer weekends to crank 35 miles out to Purcellville and 35 miles back. Four times. Innumerable shorter prep rides. The long rides took time because a) I am slow, b) my bike is a heavy upright "hybrid" and c) I am slow.

The morning of the big ride dawned warm. I picked up my cue sheet and number amid hundreds of milling cyclists with shiny bikes. Shiny, *speedy* bikes. I had decided to dedicate the first 50 miles to my Mother, who is ill with Alzheimers, and the second 50 miles to my daughter, who is entering adolescence. Symbolic, eh? (And how!)

I started out fast (for me) with a group of riders, enjoying the wildflowers. 30 miles flew by and I was just feeling warmed up as the sun climbed and I emptied my first water bottle. Great memories of Mom. Charming place names like Red Bug Road and Dry Bread Road. No worries!

The morning route was easy flat to gently rolling and the lunch stop was at the 50 mile mark (two PB&J sandwiches, banana). I was riding with my training partner and another fellow who had a sleek red Serotta road bike. After lunch we were in high spirits and made good time (daughter childhood?) until the 70 mile mark. I remember looking at the roadside dirt and realizing that it was no longer beige. It was red. Red meant Piedmont. Piedmont meant... and suddenly we were in the hills. A headwind came up (daughter adolescence?) and things got very slightly grueling for about 15 miles.

The Serotta left us for dead at about the 90 mile mark, but since I am writing this, you know that I survived. My partner and I stopped at 95 and photographed each other and drank and ate more. That did the trick. Our high spirits returned, together with enough impulse power to bring us back to camp. 8 hours. In a haze of happy exhaustion I showered off the gritty dried sweat and sat down to damp-hot fried catfish under a huge tent with five hundred other famished bikers. So done-in but so good and so glad it was done for Mother and Daughter and just plain good fun.