



Yellowbells – Photo P. Firth

I tell mom Forsythia is blooming in the neighbor's yard. She says, For-sith-a-what? I say, a golden bush burning like a fire. She says, we call them Yellow Bell the other word is too hard.

- Glenis Redmond

TYSONS WOODS TYLINE

P.O. Box 267 Dunn Loring Virginia 22027
Spring 2009

News and Information for Tysons Woods

Editor's Corner

My wildflower garden, "fern gully" is starting to show a little color. I am so excited by the delicate Bloodroot and nascent Bluebells. Will the ferns I planted last year come back? Stay tuned! Meantime, please [PLEASE] stop by a neighbor's place [MINE!] and help make our Yard Sale a success on April 18.

NOTES from the PREZ:

We would like to extend a **big welcome to CJ Lee** on Malraux Drive and **Stephanie Heffernan** on Craigo Court, our two new Board Members! We are excited to have them on the team, and look forward to their ideas and participation. We also want to give a **huge thank you to Julie Gardiner** who served on the Board for many years. She faithfully delivered the Tyline to her assigned area and welcomed new neighbors as they moved in. We will miss Julie on the Board, but thankfully she and her husband Walt will continue to live in the neighborhood.

Any new neighbors? I would like to welcome any new neighbors that moved recently to Tysons Woods. We hope you are enjoying the neighborhood, and I urge you to take the opportunity to join our neighborhood activities. Please drop me a note so we know who you are and can get you into our neighborhood database for the next directory. We would like to get the current Directory into your hands so you can get to know your neighbors, and also have this handy reference for local resources.

Interested in serving on the Board? We continue to look for one additional board member to serve our community. We would like to have someone from the north side of Electric. If anyone living on Electric Avenue, Litwalton, Chestertown (north of Electric), or Connirae is interested in serving on the Board, please call me at (703) 573-4780. It is neither time consuming nor hard work, but it is important work. **Please consider volunteering.** Our last two activities before summer break is the Yard Sale event on April 18th and the Summer Social on June 6th. Please mark these dates on your calendar.

We continue our request to have residents give us their email address(es) so we can do more timely contacting. The email addresses are held in strict confidence and are not given out to any other resident or any group. Just email your address to me at Randy@GBBVA.com. YOU DO NOT NEED TO BE A MEMBER OF THE TYSONS WOODS CIVIC ASSOCIATION TO PARTICIPATE IN ANY OF OUR NEIGHBORHOOD EVENTS. ALL ARE WELCOME!

Randy Foltz, Tysons Woods Civic Association President
(703) 573-4780
(Randy@GBBVA.com)

2008-2009 EXECUTIVE BOARD

Randy Foltz, President 573-4780
Randy@gbbva.com

Bob Van Heest, Vice Prez 698-6101
rfvanheest@hotmail.com

Lisa Kazden, Treasurer 560-2435
lkazden@cox.net

C.J. Lee Area 1 645-0710
CJ4Given@yahoo.com

Dave Knapp Area 2 876-0725
Dknapp11@cox.net

Vacant Area 3

Stephanie Heffernan Area 4
stephfox70@gmail.com

Leslie Barnhart Area 5 560-8938
Barnharts4@hotmail.com

Godwin Agbara Area 6 573-7940
goddym@cox.net

Bob Van Heest Area 7 698-6101
rfvanheest@hotmail.com

Penny Firth, At Large TyLine Editor
876-0725 pfirth@cox.net

Inside this issue . . .

- Yard Sale - 18 April
- Winter Party - recap
- What's Cooking
- House Beautiful
- Tyline ads and Community Bulletin
- Garden Muse
- Local Eats - Restaurant Review

QUARTER-PAGE AD: \$5. SEE ANNOUNCEMENT INSIDE.



Tyson's Woods Civic Association Annual Spring Yard Sale

SATURDAY 18 April - 8 a.m. - 1 p.m.

Come come. Is there nothing you can do better without?

It's spring cleaning time and that means time to empty out your closets, garage, attic, and basement and participate in the Annual Tyson's Woods Yard Sale!

To guarantee a successful community yard sale we will advertise in Craigslist, post signs at key intersections and distribute flyers to neighbors and merchants in the Vienna area.

Rain Date – April 25

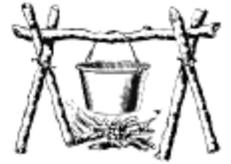
If you have any question or would like some tips on how to prepare for a yard sale, call Bob Van Heest at 703-698-6101 or rfvanheest@hotmail.com.



Winter Social Recap

Wow. The food was awesome. The live entertainment was, like, awesome. There was a really awesome seed swap. And the desserts. OMG. The desserts are still starring in my dreams. My dreams of the Winter Social where I broke ALL of my New Year's resolutions.





What's Cooking?

Easy Calzones

Leslie Barnhart

1 Pillsbury French Loaf dough (in the refrigerator section)
 1 c pizza sauce
 1-2 c grated mozzarella cheese
 pizza toppings (chopped pepperoni, meat slices, vegetables, mushrooms, etc)

Unroll the French Loaf dough into a flat rectangle. Cut in half in each direction, to make four rectangles. Place toppings on half of each rectangle. Gently pour sauce over toppings. Sprinkle sauce with cheese. Pull free dough half over cheese, gently press together to seal edges. Place in pre-heated oven at 375 F, cook for 25 minutes or until dough is cooked.

Calendar of Events

(Dates in distant future are tentative!)

Event	Date	Contact
Yard Sale	18 April 2009	Bob Van Heest
Executive Board Mtg (all are welcome)	30 April 2009	Randy Foltz
TyLine Deadline (Summer)	15 May 2009	Penny Firth
Summer Social	6 June 2009	Godwin Agbara

House Beautiful

As of March 25, 2009

Information provided by: Karen Hogan
Weichert Realtors (703) 609-4680



8534 Electric Avenue; colonial, 4 bdrm, 3.5 ba, 2 fireplaces, electric heat, finished basement, listed FOR SALE in August 2008 for \$554,900, price reduced in January 2009 to \$529,900 (231 days on the market). NOTE* This property is a FORECLOSURE.

8523 Connirae Lane; colonial, 4 bdrm, 2.5 ba, carport, 2 fireplaces, electric heat, and no basement. RENTED in November 2008 for \$2,500 after 53 days on the market.

LOCAL EATS

By Stephanie Heffernan

Cenan's Bakery & Café

Cenan's Bakery is a local Vienna bakery that has been serving up some of the area's most delicious breads, pastries, cookies, cakes and more for over 17 years. Located at 122 Branch Road, Cenan's Bakery is just 1.5 miles from the entrance of Tysons Woods. The owner, Cenan, has been baking for 35 years and studied his art in France. Everything is baked on location by Cenan and his team in a hearth oven using only 100% natural ingredients. They do not use any preservatives, colors or bleached flours. In order to prepare all their breads, they literally bake 24 hours a day. They are best known for their cinnamon swirl rolls, ham and cheese croissants, French baguettes, and raisin pecan sour dough bread. Open at 6:30am Monday – Saturday and 8:00am on Sunday, Cenan's is the perfect place to grab a cup of coffee and pastry to start your day off right. They also offer a wide variety of fresh sandwiches for lunch or dinner. There is a small counter to sit at and also two outdoor tables, if you would like to enjoy a bite on location. I invite you to indulge in the delicious breads, sandwiches, and other baked goods at Cenan's Bakery and Café.

TyLine Advertising and Community Bulletin:

Advertising is available for any TWCA resident who owns a business and would like to advertise in our Tyline. Ads are on a space-available basis and are limited to 4 x 3 inches (quarter page). Ads cost \$5 per ad per issue or \$15.00 for the year (4 issues), paid prior to the publication date. Email your ad to Penny Firth with a copy to Randy Foltz. Payments (check made payable to "TWCA") must be sent or given to our treasurer Lisa Kazden (contact information on front page of TyLine).

The *Community Bulletin Board* in the Tyline is available for announcements of interest to the community (e.g. new baby, want to form a club, have an item for sale, etc.) Send it to Penny Firth with a copy to Randy Foltz. Limit is 100 words. No charge. Board reserves the right to review each announcement and accept or reject the request.

Garden Muse

By Mary Foltz

Herb Gardening, Virginia Style

Singing.... "parsley sage rosemary and thyme"..... Do you want to grow some yummy herbs? When I moved to Virginia I wanted an herb garden, but could not figure out what to plant. The garden books said: "Mediterranean herbs need dry environments with well-drained limestone soil and mild winters." But the stores said: "sure you can grow that in our wet, nasty, acid, soggy, clay soil and freezing winters." Huh? Who is right? It turns out that there are pieces of truth in each, the trick is figuring out which pieces.

The classics, parsley, sage, rosemary, oregano, basil and thyme, all need sun to thrive. Five hours or more is best. However, they might hang in there for a while at half size in less sun, which is enough to snip a few sprigs now and then for the soup pot. Don't stick them in a shady back yard, or along a north facing house wall, they won't make it. Herbs do need well-drained soil, but they handle our clay fine, especially if you lighten it up with compost. But except for parsley, no fertilizer except maybe a little to get them started, and add a sprinkling of lime to keep them pH happy.

Parsley is easy to grow, and produces nicely if watered consistently. It survives winter, but goes to seed the second year. One year I got gorgeous competition for my Italian flat-leaf parsley. Pretty green caterpillars with black stripes decorated in yellow. I couldn't wait until they emerged from their cocoons... black swallowtails!

Rosemary is now available in a delicious variety that survives our winters, and I am so glad to have it. It is prolific, and has taken over the sunny corner I gave it. That's great, I use a ton of it, throwing branches in the stew pot for a heavenly chicken – yum!

Sage grows into a large plant, so give it some room. Trim it back or it will get "leggy". Be sure to cut a few branches when it flowers, they last almost a week in the vase.

Thyme does nicely in our climate, and there are wonderful flavors to choose from. Lemon thyme is one of my favorites. I find that thyme lasts only three years or so before it dies, it seems that its life is shorter here than in its original Mediterranean climate.

Oregano is no longer welcome in my garden because it crowds out others. And with such a strong flavor, one does not need much of it.

Basil is a perennial favorite, too bad it is an annual! (Sorry, garden pun). Basil thrives in our hot summers. Pinch the young plants to force it to branch out, and a few weeks later, pinch again. That should give you a generous pasta al pesto for 6-8 from one mature plant. So if you love pesto, plant lots! I freeze my pesto in plastic-wrap lined muffin tins, and move them to ziplock bags. Take out small portions in the winter for pasta that will remind you of sunshine!

Verbena? I highly recommend it; the hardest part is finding it. Pinch it like basil, but not immediately, it is a slower grower. In the first year, my verbena did not yield much. But it wintered over and came back bigger the next year. I had plenty for fruit salads, and a little bit of tea flavoring. I am hoping for even more this year. If I am lucky, this will be the year of verbena tea parties!

**If at first you don't succeed,
try to hide your astonishment.**

Texas Bix Bender

'Don't Squat with yer Spurs On II!'



LIVE GREEN with MELALEUCA!

BECOME A PREFERRED MELALEUCA CUSTOMER.

We provide products that are safer and more effective than commercial brands, environmentally-friendly, and more economical than name brand products.

Products that are safer for your home, your family, and our planet. Shop from home to save time and money.

Call now to save 30-40%!

Randy and Mary Foltz — (703) 854-1608

BEGIN YOUR OWN GREEN BUSINESS

ADD ANOTHER INCOME STREAM!

Imagine a business with 23 years of positive growth that you can do from home. Add another income stream and begin taking control of your financial wealth and future. Join a group of entrepreneurs who are dedicated to enhancing the lives of those they touch by helping people reach their goals. Whether you are a stay-at-home Mom or want to start your own business that will not interfere with your daytime job, give us a call and find out how we can help you reach your goals. (Melaleuca is not a multi-level marketing company).

Call Randy and Mary Foltz at (703) 854-1608

ADVERTISEMENT

Outer Banks Condo - Weekly Rental

25% discount for Tyson's Woods Residents

We have a luxury three bedroom, two bath soundfront, smoke free, pet free condo on the Outer Banks of North Carolina. It is available Sunday to Sunday at a 25% discount to residents of Tyson's Woods. It has a beautiful water view and includes all the amenities of this gated community (marina, pools, tennis, exercise facility, organized children's programs and play yard) plus its own 25' boat dock. Our guests also have full use of the Outer Banks YMCA (indoor and outdoor pools, classes, child care and skate park) as we have enrolled the condo in their "Y-Home" program.

For rental reservations contact:

Sun Realty Rentals, Kill Devil Hills, NC, Toll-Free: 888.853.7770, local: 252.441.7035. Specify Unit PC-915

[Tyson's Woods residents should refer to this ad]

The condo is at 915 Pirate's Way, Manteo, NC 27954, in Pirate's Cove on Roanoke Island. Description at: <http://www.pirates-cove.com/>. We have pictures of the condo and the area we can send anyone who is interested. Write us at sydandjogalloway@gmail.com

SYD & JO GALLOWAY, 8717 Litwalton Court, Vienna Virginia USA 22182-5013, 703.573.5697 [H], 720 382 0919 [C]